

NOMINATION FORM
CHE SERVICE LEARNING PROJECT COMPETITION

Institution Williamsburg Technical College

Title of Project 1st Annual Health Fair

Director of Project Mrs. Judy Coker

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Establishment Date of Project October 26, 2013

Unit That Administers Project Phi Theta Kappa and the Nursing Department

Total Number of Students Involved 30

Signature of Institutional President Dr. Patricia Lee



Service Learning

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Service learning is the primary goal among the instructors and students of Williamsburg Technical College. Williamsburg Technical College provides hands-on training along with unique learning techniques in most of the curriculums. On October 26, 2013, the Nursing Department of Williamsburg Technical College joined forces with Williamsburg Technical College Alpha Sigma Gamma Chapter of the Phi Theta Kappa International Honor Society in

sponsoring the 1st Annual Health Fair at Williamsburg Technical College. South Carolina ranks 46th among the healthiest 50 states. High cholesterol, diabetes, and high blood pressure are two common health issues that plague South Carolinians. In South Carolina, 35.5% of adults have high cholesterol and 31% of adults have high blood pressure. With various health issues among South Carolinians, 19.4% of the residents do not have insurance coverage. The health fair pro-

vided assistance and health care information to the residents of Williamsburg County, through pamphlets, health screenings, and back massages to the residents of Williamsburg County and the surrounding areas. The Annual Health Fair provided blood pressure screenings, cholesterol screenings, weigh-ins, and back massages.



Students of the Nursing Department

Special points of interest:

- Williamsburg Technical College Nursing Department currently have 22 students enrolled.
- To date, 74 individuals have graduated from the Practical Nursing Program with a diploma
- The average pass rate for first time writers on the PN-NCLEX is 97%.

College Involvement

The Annual Health Fair involved several entities of Williamsburg Technical College. Participants included: Williamsburg Technical College Practical Nursing students and CNA students, African American Male Leader-

ship Institute, Student Government Association, Accessible Support Services and Instruction for Sustainable Transition, and First Steps. Williamsburg Technical College Practical Nursing and CNA students provided

health screening for attending individuals from the area. Some of the attendees discovered existing health issues that he/she had no knowledge of.

Students Involved



The Annual Health Fair encompassed Williamsburg Technical College Practical Nursing and CNA students and Phi Theta Kappa Honor Society. Students of the Practical Nursing Department completes a total of 34.5 class lecture

hours and 40.5 lab hours. The Nursing Department currently consist of 22 students. Students receive classroom instruction, laboratory practice, and clinical nursing experience in medical, surgical, obstetric, pediatric, geriatric, and community practice settings.

During the Annual Health Fair, these students volunteered services for the community by accurately screening blood pressure, checking cholesterol, checking weight, and providing reading literature for other health issues, such as diabetes and smoking.

Target Community

With South Carolina ranking in the bottom percentile among healthy states, Phi Theta Kappa and Williamsburg Technical College Nursing Department challenged residents of Williamsburg County to participate in the Annual Health Fair to receive the benefits of free health screening.

The ultimate goal was to provide preventative measures on selected health care issues, such as, high blood pressure, high cholesterol, smoking, and diabetes. By posting flyers in various locations, residents of Williamsburg County were able to observe participating health organizations that was

available to provide health services.

"Come get healthy with Williamsburg Technical College"

Effectiveness

The percentage of South Carolinians with health issues is relative high. The Annual Health Fair provided screenings in health areas that plague the state; which provided residents with an overview of preventative measures.



The 1st Annual Health Fair was a success with over 150 attendees and several vendors from outside organizations. In addition to being provided health screenings, residents were able to secure pamphlets and brochures on various health

issues. Most health issues can be deterred by taking preventative measures that will minimize the health issue. By obtaining information at the Annual Health Fair, attendees were able to make the necessary adjustments to secure a healthy life.

Hand-On Experience

During the Annual Health Fair, Williamsburg Technical College Practical Nursing students and CNA students provided medical screenings to the attendees of the health fair. These students were able to apply the 34.5 classroom lectures and the 40.5 lab hours into hands on experiences. All

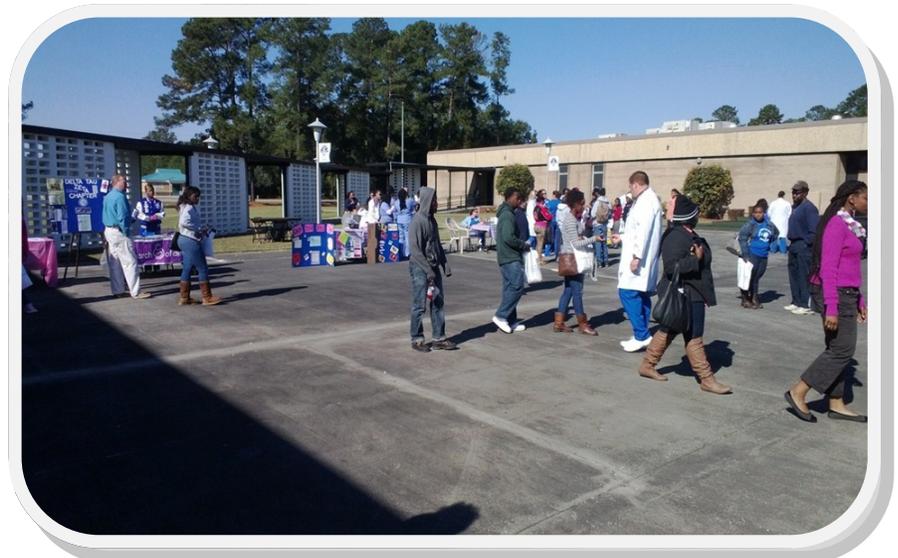
services were completed on a voluntary bases with the students receiving no credit hours for participation. The students obtain experience, whereas the residents of Williamsburg County received professional care at no charge.



Funding

Williamsburg Technical College Alpha Sigma Gamma Chapter of Phi Theta Kappa International Honor Society provided door prizes and prepared snacks for the attendees of the Health Fair. In addition, other organizations donated

various items and participated in the event by setting up vendor's stations to provide health information in the form of brochures and pamphlets.

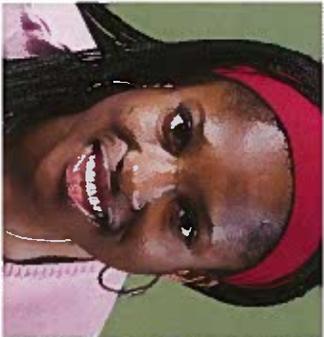
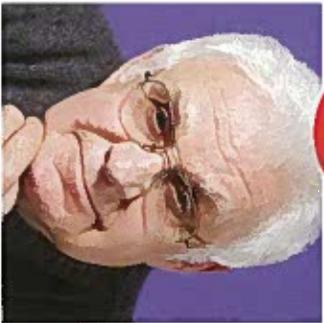
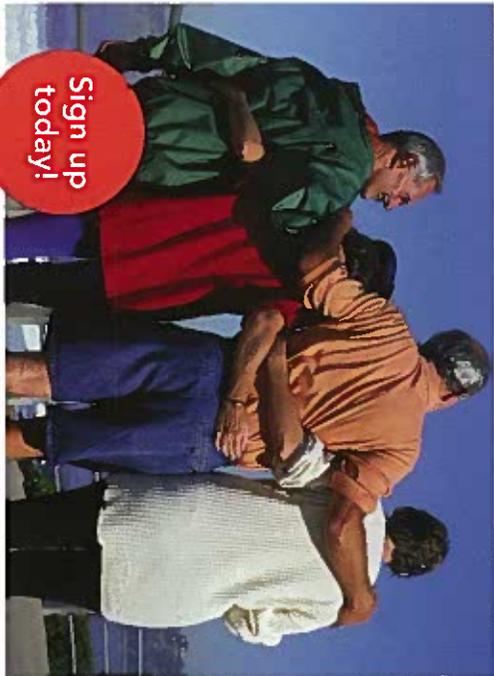


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Did You Know?

1 in 3

adults, 73 million, are at **increased risk** for kidney disease because of high **blood pressure**

Kidney disease kills **90,000**

each year - more people than **breast or prostate cancer.**

1 in 9

26 million American adults have kidney disease and **most don't know it.**

African Americans are **3x** more likely to experience kidney failure than whites. **Hispanics** are **1.5x** more likely.

Your kidneys filter **200 liters**

of blood each day, removing **2 liters of toxins** and waste. If they're damaged, toxins build up in the body.

80%

need a kidney.

Early detection makes a difference. Proper treatment can slow or prevent kidney disease. If you're at risk, talk to your doctor and get tested today. Simple urine and blood tests can save your life and health.



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www.kidney.org



Facts About...

Tobacco Use



Kidney Facts

More than
90,000

people are on
the waiting list
for a kidney
transplant.

**Every 5
minutes**

someone's kidneys fail.

Over
380,000

people depend
on dialysis
for survival.

26
million

Americans have
chronic kidney disease
and most
don't know it.

**Who is
at risk?**

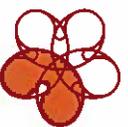
People with
diabetes, high blood
pressure or a family
history of these
conditions or
kidney disease.

**People at
increased
risk --**

African Americans,
Latinos, Asians,
Native Americans,
and the elderly.

**Early
detection**

and proper treatment
can slow or prevent
the progress of
kidney disease.

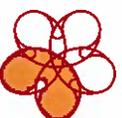


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Saturday, November 2, 2013
Symphony Park - Charlotte, NC

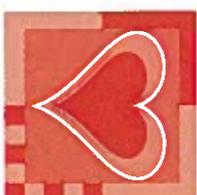
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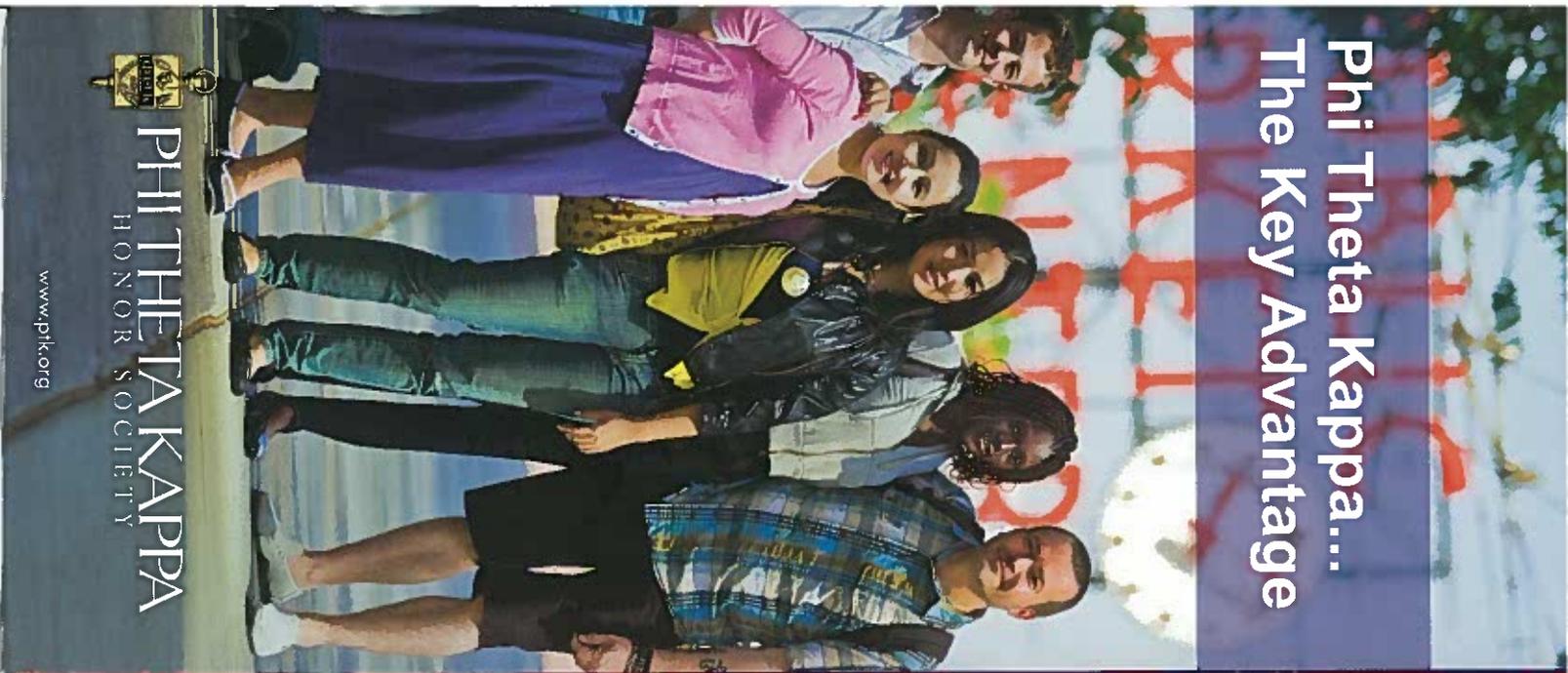
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